
For Immediate Release

“Energy Drinks: The Other 6 Pack” is a presentation that will be shown on local cable television stations throughout Washington County at various times throughout June and July.

The program was produced at the April 2010 presentation at Century College, sponsored by the Chemical Health Action Collaborative in Washington County (CHAC) and the Century College Mental Health Committee with assistance from Suburban Community Channels. The presenter is Rick Moldenhauer, treatment services consultant and state opiate treatment authority for the Chemical Health Division, State of Minnesota.

Viewers of the presentation will learn valuable information about the serious effects of energy drinks on metabolism and the body, long- and short-term effects of caffeine intake, the popular and potentially dangerous effects of mixing energy drinks with alcohol, dextromethorphan, Nicoderm® patches or Nicorette® gum and energy drinks that contain alcohol. The presentation is suitable for students, school staff and anyone who works with youth, and the general public.

“Energy Drinks: The Other 6 Pack” can be viewed at a variety of times in June or July on the following cable stations: Valley Access Channel 14 (Stillwater), Suburban Access Channel 15 (White Bear Lake area), South Washington County TV Channel 14 (South Washington County), and Lakes Area Television Channel 10 (Forest Lake).

Washington County residents may check their local cable station schedule to view this informative presentation.

CHAC’s mission is to prevent and reduce youth chemical use through partnership, education, intervention and community change. For more information about the presentation or CHAC, contact Rose Hauge, Drug Free Communities Coordinator, 651-351-3117.

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